



MOTHER THERESA ENGLISH MEDIUM SCHOOL
Affiliated to Central Board of Secondary Education (CBSE), New Delhi. - Aff. No. 130687
(A UNIT OF MOTHER THERESA INSTITUTIONS)
Lingapuram(V), Muthukur(P), Peddapanjani(M), Chittoor, Andhra Pradesh, India-517247

CIRCULAR NO: – MTS263

Date: 21/01/2026

Subject: *Motivational Session on Student Psychology.*

Dear Parents,

Greetings!

We are pleased to announce that our school is organizing a special motivational session. This session aims to help students navigate academic pressure, foster a positive mindset and understand the importance of mental health.

We are honored to host **Mr. Sudheer Sandra**, a Multifaceted expert, Psychologist, Behavioral Skills Trainer, Career Counselor and Motivational speaker, who will share insights on building resilience and emotional intelligence.

Event Details:

Date: 22nd January, 2026

Time: 10: 30 am

Venue: School Auditorium

Target Audience: Students of Grades 7, 8, 9, 10, and 11.

Attendance is compulsory for all students in the specified groups. We encourage all students to actively participate and engage in this transformative experience.

Warm Regards,

Principal

